

Breakthroughs tips and trends:

# Stuck on you

A male hormone patch may help women perk up their libidos; end of binge drinking; why late-night study sessions work.

Women who feel as sexy as a frozen pea and who just can't get excited about their love life are about to get a lift from the male sex hormone, testosterone.

In the shape of a patch, which women can stick straight on to their skin, the treatment claims to make women feel much more frisky, and give lacklustre libidos a boost. Scientists in the US, who developed the patch, say that it gives a low dose of testosterone, which is enough to kick-start a stalled sex drive.



But does it work? A trial, published in the Journal of Sexual Medicine, involved 132 willing volunteers. Half the group tested the testosterone patches; the other half were given a placebo. They had six months to try them out and report any changes in sexual desire and activity. The women who used the patches said that they felt sexual urges far more frequently; the placebo had no effect at all.

The patches proved so effective that many of the volunteers were keen to continue the treatment. Dr Jan Shifren, of Harvard Medical School in Boston, says: "These findings not only confirm the clinical effectiveness of transdermal testosterone but provide benchmarks for the degree of improvement in sexual function that all future therapies for this disorder should try to attain." Thanks, boys.

Now available from SLP MEDICAL



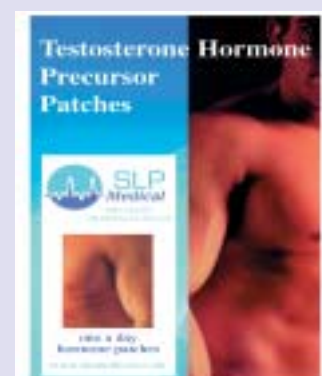
## TESTOSTERONE PRECURSOR PATCHES

**An efficient modern way to dispense medication directly into the bloodstream, thus avoiding the stomach. Ideal for patients who have trouble swallowing medication or those with any stomach related health problems. It is equivalent to using the Testosterone Precursor Pill.**

**Quantity - 28 patches**

**Price- £29.95**

**Code - NHS 652**



# TESTOSTERONE

The Hormone that produces the Sex Drive in both Men and Women - The higher the Testosterone level the higher your Sex Drive and better your performance.

Now available from SLP MEDICAL



## TESTOSTERONE INSTANT GEL BOOST



Designed for situations where you need immediate assistance in achieving or improving penile erections. This can be used in conjunction with any of the 3 daily testosterone treatments but never more than once in any 24-hour period.

Testosterone Gel Boost provides a 34% immediate improvement in erections as it is instantly absorbed by the penis and testicles. Even when used in conjunction with Viagra tests reported in "The Journal of Urology" showed a consistent doubling of the improvement in sexual performance compared with using just Viagra. (press release - DT 09/08/04).

Quantity - 100ml Price- £29.75 Code - LAP 007

Quantity - 300ml Price- £59.50 Code - LAP 007

3 for the price of 2



## DOUBLE STRENGTH TESTOSTERONE PRECURSOR CAPSULES



Primarily designed for 40-year-old plus males, this potent double-strength one-a-day capsule is designed to boost your testosterone and maintain it at the optimum level. In trials, it has been shown to produce satisfactory results in 95% of all cases while at the same time proving to have insignificant side effects. Take just one capsule a day on a continuous basis each night before retiring.

Quantity - 30 capsules Price- £39.95 Code- LAP 200

Quantity - 90 capsules Price- £79.90 Code- LAP 201

3 for the price of 2

## TESTOSTERONE PRECURSOR PILLS



For those aged under 40 years-of-age this once-a-day pill is normally sufficient to raise and maintain your testosterone levels at the optimum level. Although a lower strength, this pill is usually perfectly adequate for those aged under 40. Take one pill daily at bedtime.

Quantity - 30 Tablets Price- £29.95 Code -LAP 003

Quantity - 90 Tablets Price- £59.90 Code -LAP 202

3 for the price of 2

